Shelley-MOORE PH.D.





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www.fivemooreminutes.com www.blogsomemoore.com

Who are you?

- Where is home for you?
- What is the traditional territory where you live?
- What are some of your roles?
- What are some of your identities?
- What are your interests and hobbies?
- What is important to you?
- What is a life event that shaped who you are?
- What is something that you want others to know about you?



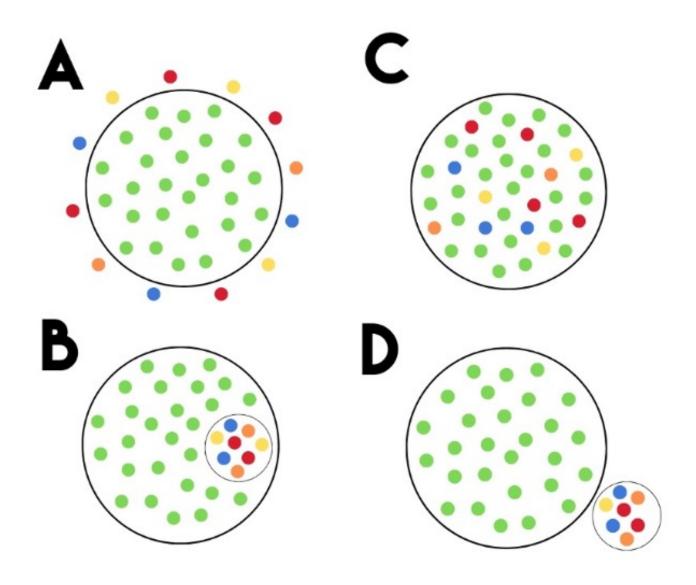


WHAT DOES inclusion

MEAN? LOOK LIKE?

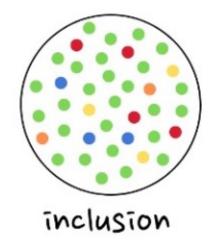


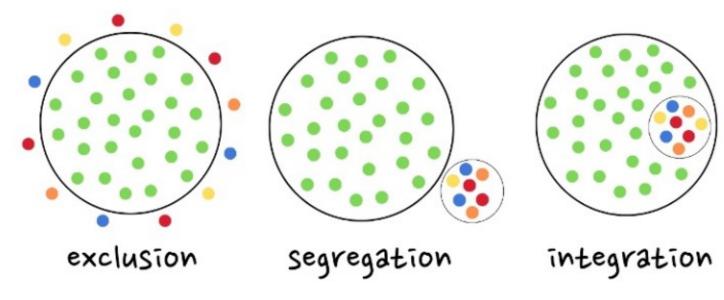
WHAT IS Inclusion?



exclusion integration inclusion congregation segregation

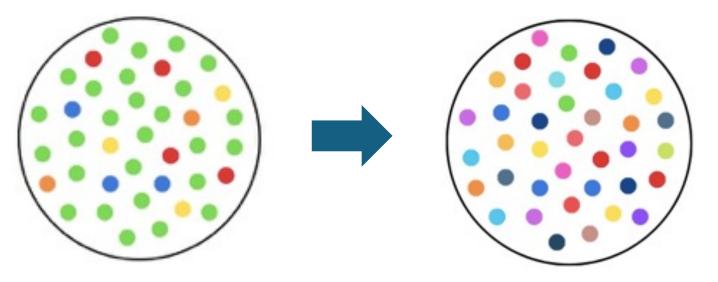
WHAT IS inclusion?







WHAT IS inclusion?



How do we include people with disabilities?

How do we teach to diversity?

How do we "do" inclusion?



do we shift our thinking?

do we shift our practice?





Reducing Barriers



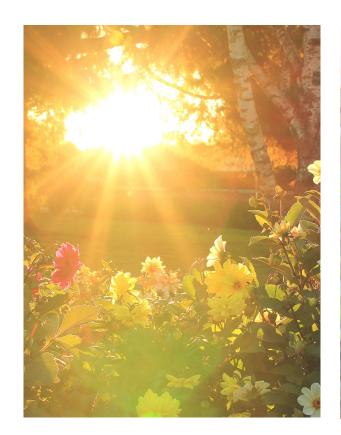




"When a flower doesn't bloom, you fix the environment in which it grows, not the flower."

-Alexander den Heijer

FIRST! Reduce or eliminate barriers in place by reducing or eliminating barriers for everyone in the community



All plants need light

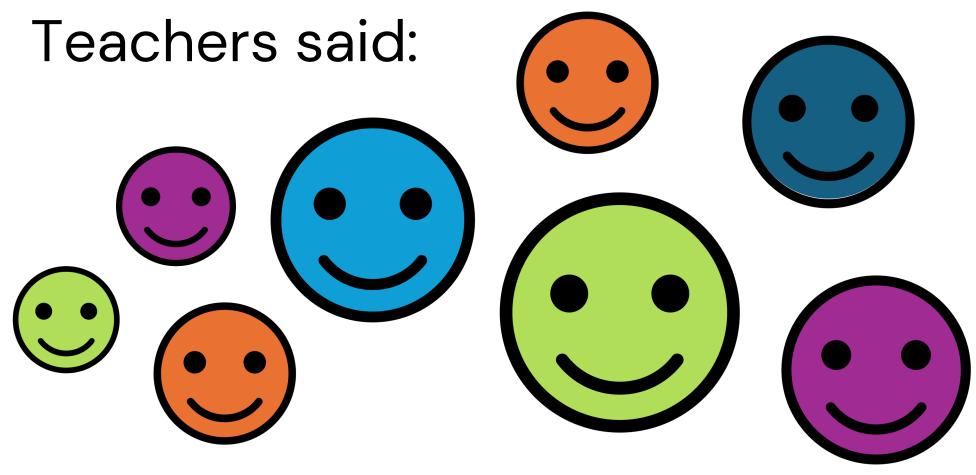


All plants need moisture



All plants need space

BUT WAIT...

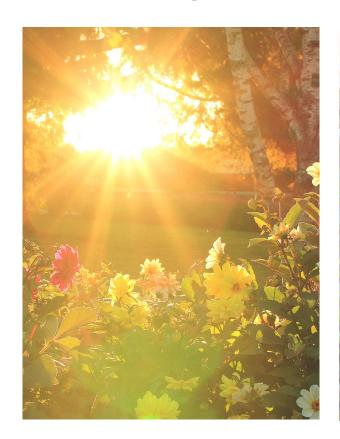


"What about all the different individual needs in a shared place?"

WEHAVE diverse GARDENS!



FIRST! Reduce or eliminate barriers in place by reducing or eliminating barriers for everyone in the community



All plants need light

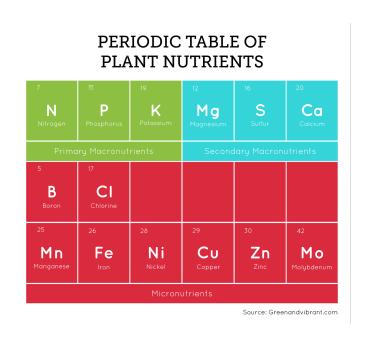


All plants need moisture



All plants need space

NEXT! Determine the needs of individuals and anticipate the supports & strategies that they will require in universal ways



Some plants need added nutrients



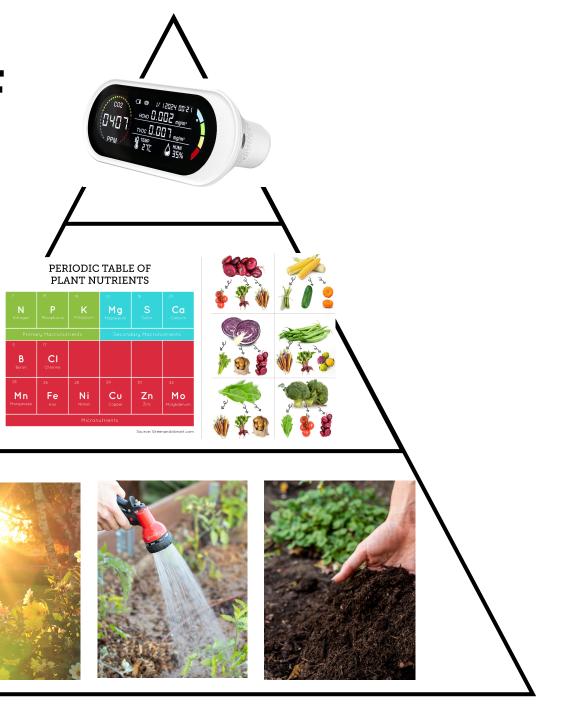
Some plants need companions

THEN! Determine the needs of individuals and anticipate the supports & strategies that they will require in individualized ways

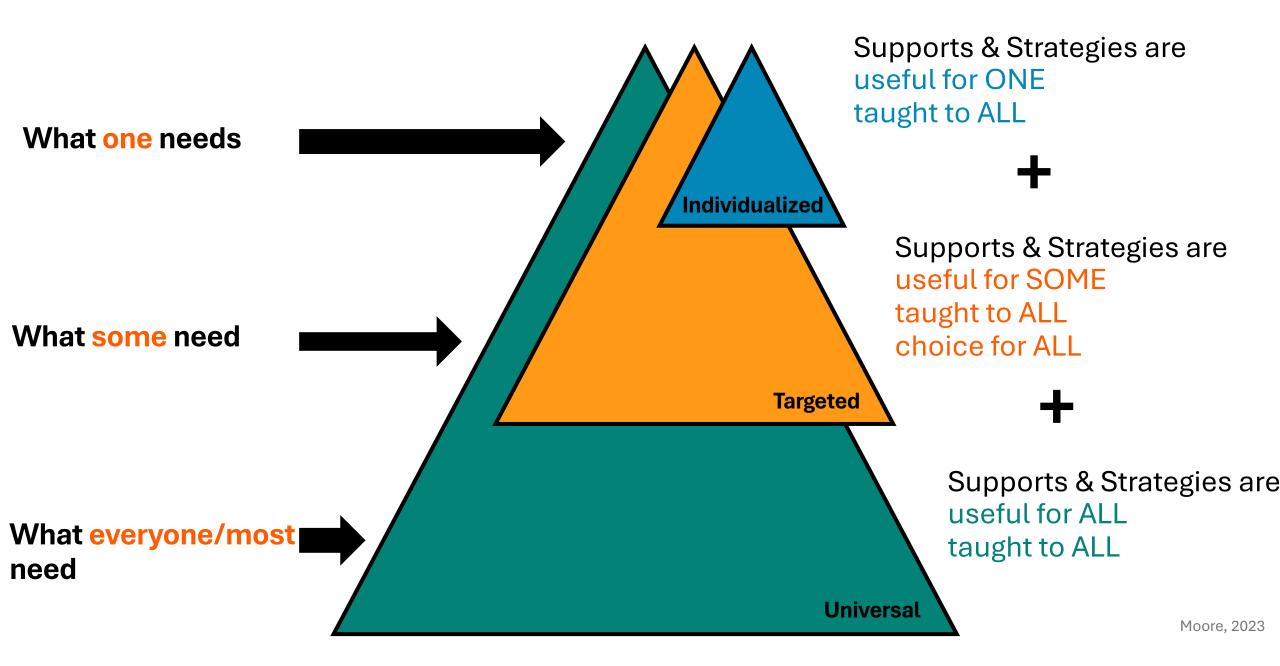


A few plants may need very specific temperatures and humidity levels

MULTIPLE LAYERS OF SUPPORT



Multiple Layers of Needs Based Support





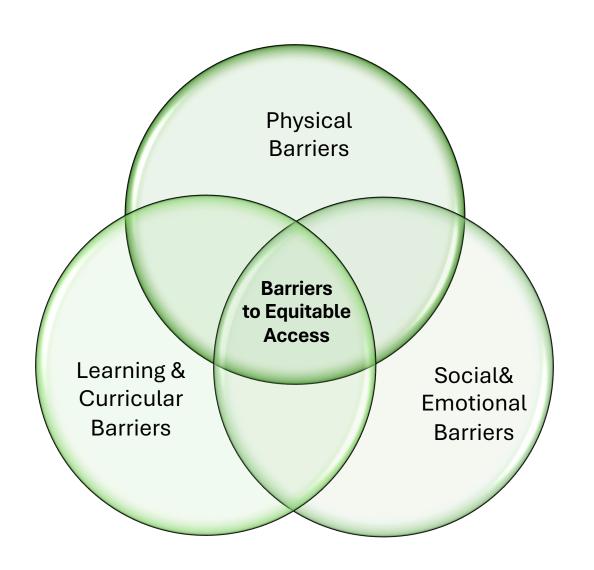
How do we plan for the disabilities needs of students?

First, we reduce barriers

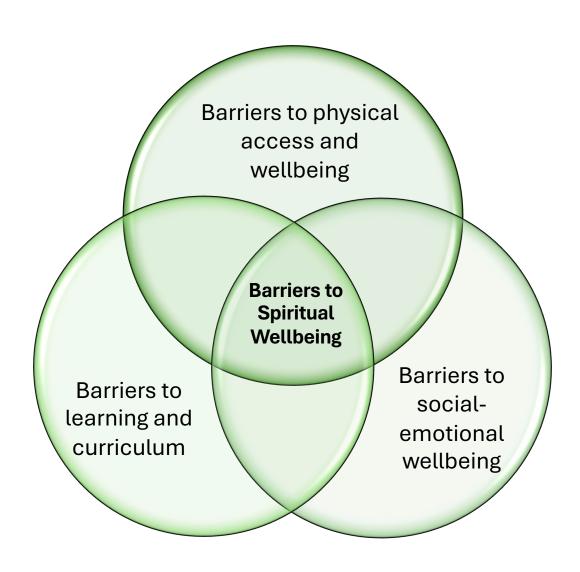




Adding Ramps to Learning



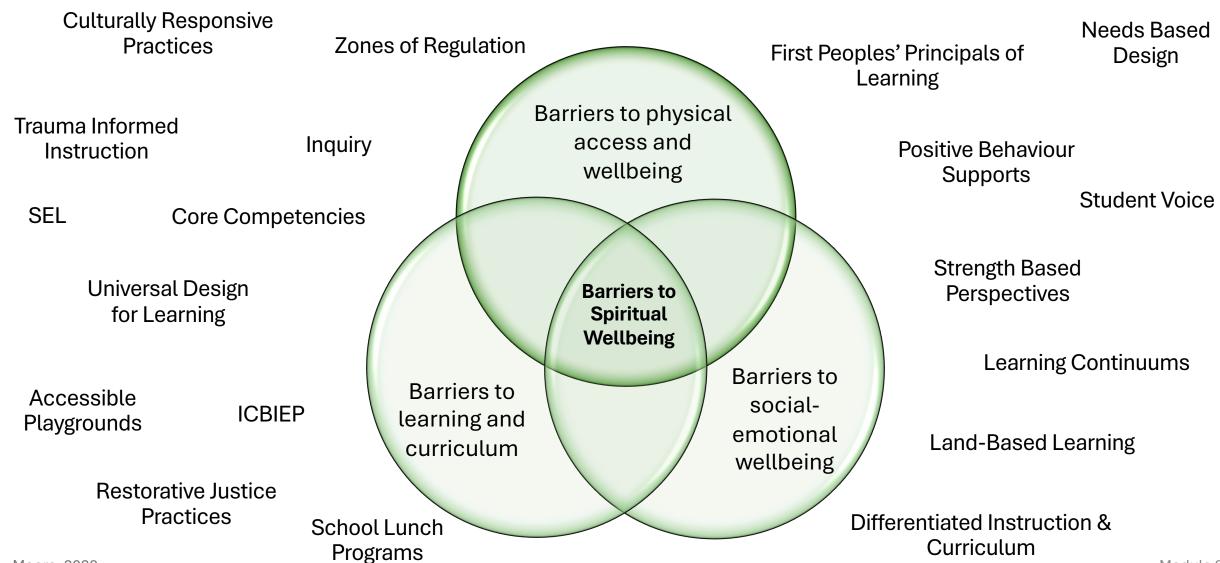
Adding Ramps to Learning



Student Self Determination & Agency

Examples of Initiatives that Reduce Barriers for ALL

Standards Based Assessment

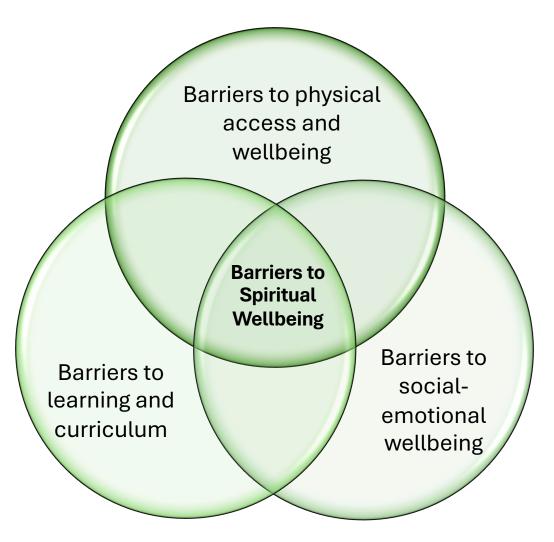


Then, we look at needs



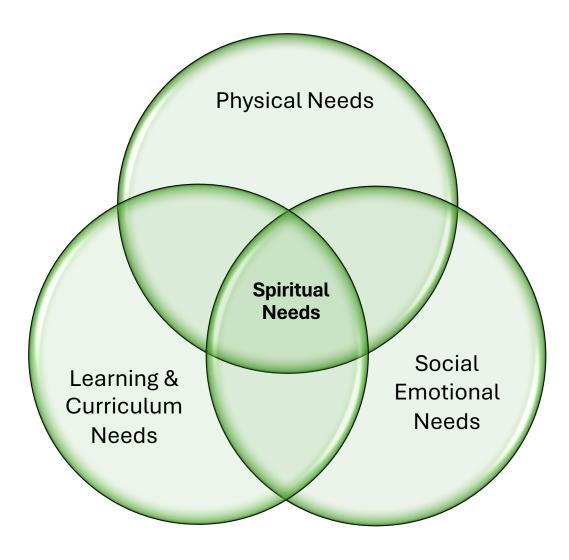


Increasing Inclusive & Equitable Access by Designing for Individual Needs



Increasing Inclusive & Equitable Access by Designing for Individual Needs

- Attention
- Anxiety
- Communication (receptive)
- Communication (expressive)
- Eating/Food
- Engagement/Motivation
- Executive functioning
- Family/community and/or identity
- Frustration/ Anger
- Grief/ Trauma
- Gross and/or Fine motor
- Intellectual ability (access)
- Intellectual ability (challenge)



- Language
- Literacy (decoding)
- Literacy (understanding)
- Literacy (written output)
- Literacy (Speaking/ oral language)
- Medical
- Memory
- Numeracy
- Personal Care
- Physical/Mobility
- Self Advocacy
- Self Regulation (emotional)
- Self Regulation (behavioural)
- Self Regulation(learning)
- Self Esteem
- Self Harm
- Sensory
- Social Skills
- Spiritual
- Transitioning
- Vision and/or hearing

Classroom Support Planning: Collaborative Needs Based Reflection

Target Classroom: Classroom Teacher(s): Support Teachers/Staff: Date:

- 1. Look at the following areas of need as a team
- 2. Record needs for students who have IEPs (Individual education plan) and/or LSPs (learning support plan)
- 3. You can refer to individual assessments and recommendations as well as specialists to determine needs if useful
- 4. Record needs for students in class who do not have IEP or LSP
- 5. Look for clusters of need and reflect on community impact
- 6. Determine priority classroom needs to develop Classroom Support Plan

Areas of Need	Students who have this need (underline students who have IEP/LSPs)	This need impacts the community and/or there is a cluster of students who have this need	This need can be managed over time and/or not critical	This is an individual need area and/or community does not need support in this area
Addiction				
Attendance/ Lateness				
Attention				
Anxiety/ Depression				
Bullying				
Communication (receptive)				
Communication (expressive)				
Eating/Food/Allergies				
Engagement/Motivation				
Executive Functioning				
Family/Community/Identity				
Frustration/ Anger				
Greif/ Trauma				
Gross/Fine Motor Skills				
Intellectual Ability (access)				

-		

Priority Community Needs	Specialists/Individuals to connect to	Priority Individual Needs	Specialists/Individuals to connect to

Classroom Support Planning: Collaborative Needs Based Reflection

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- 4. Record needs for students in class who do not have IEP or LSP
- 5. Look for clusters of need and reflect on community impact
- 6. Determine priority classroom needs to develop Classroom Support Plan

Areas of Need Choices (EC, HN) Life Skills (KD, IN) Resource (JC)	Students who have this need (underline students who have IEP/504)	This need impacts the community and/or there is a cluster of students who have this need	This need can be managed over time and/or not critical	This is an individual need area and/or community does not need support in this area
Addiction				
Attendance/ Lateness	JA			x
Attention	JA, RM		x	
Anxiety/ Depression	GA, LB, JA, ES, KR, GS	x		
Bullying				
Communication (receptive)				
Communication (expressive)	GA, LB		х	
Eating/Food/Allergies	LB			x
Engagement/Motivation	LB, JA, ES, NS	x		
Executive Functioning	MA, LB, JA	x		
Family/Community/Identity	JA, ES, JK, LE	x		
Frustration/ Anger	JA, ES		х	
Greif/ Trauma	GA, LB, JA, ES, KK	x		
Gross/Fine Motor Skills	LB, BB			х
Intellectual Ability (access)	GA, MA		х	
Intellectual Ability (extend)	BW, IM, MB		х	

				T
Language				
Literacy (decoding)	MA, KR, TP, AD		х	
Literacy (understanding)	GA, MA, KR, TP, AD		x	
Literacy (written output)	MA, LB, KR, TP, AD		x	
Literacy (oral language/speaking)	GA		x	
Medical				
Memory				
Mental Health				
Numeracy	ES, KR			
Personal Care	GA			x
Personal Safety				
Physical/Mobility				
Self-Advocacy	LB			x
Self-Regulation (emotional)	GA, JA, ES	x		
Self-Regulation (behavioural)	ES	x		
Self-Regulation (learning)				
Self Esteem	LB, JA, ES	x		
Self-Harm/ Self Injurious				
Behaviour				
Sensory				
Social Skills	GA, LB, JA, ES	х		
Transitioning	JA, ES	x		
Other:				
Other:				

Priority Community Needs	Specialists/Individuals to	Priority Individual	Specialists/Individuals to
	connect to	Needs	connect to
Anxiety/ emotional self- Regulation	Counsellors - Jessica		
Family support/ trauma	Counsellors – Jessica,		
	Community Schools - Diana		
Literacy	Title – Kori, Mica, Melissa		
Engagement/ Motivation	Sarah, Shelley, Jasmine, Kim		

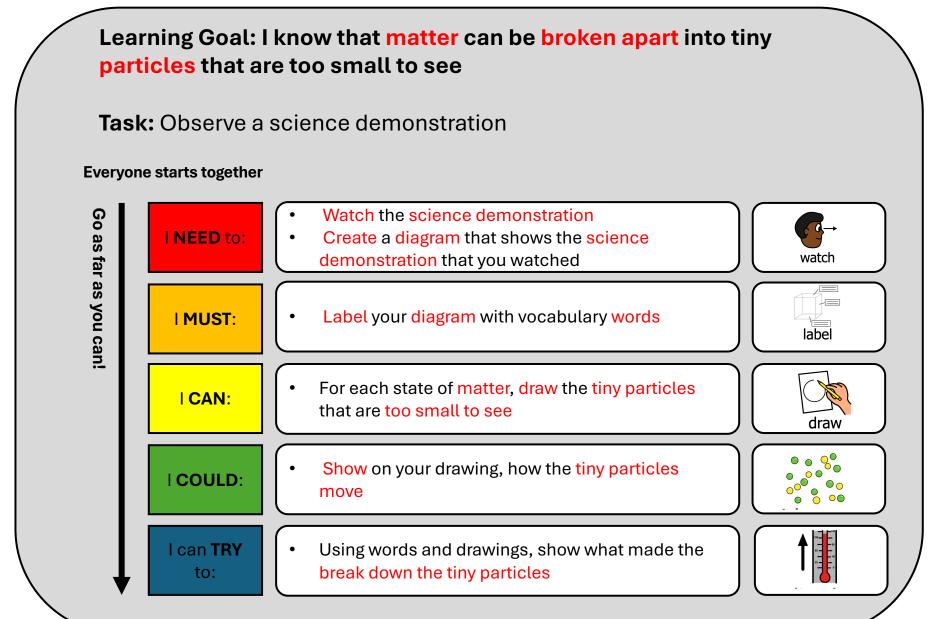


Choose your Challenge

Inclusive Lesson Task Scaffolding Strategy

	Goal: Conr	Goal: Connected to a grade level learning standard					
	Task: What	evidence of learning is being created	Time: Allotted work time				
	Title	Description	Purpose				
Start Here	I NEED to	- Everyone starts together, describes what students need to do to get ready for the task, this is the most accessible part of the task, no/low barriers, an interesting hook or provocation, collaborative, 5-10 min	- Builds confidence and success early, the most accessible entry point to make sure everyone can participate in some way, builds/ activates prior knowledge				
Go as far as you	I MUST	- Ensure the "must" part of the task has been modelled and taught to all during the mini lesson stage, this is the most important part of the task, all students show evidence of learning in class/school, this is not homework, the activity can end when all students get here, if not all students get here at the end of the allotted time, another lesson is needed, draw on UDL strategies to make sure students can express their learning in many ways	- Ensures students are showing evidence of learning in class at the essential level of a grade level goal, maintains high expectations for all students, reduces gaps in knowledge, positive impact on future learning opportunities				
can in	ICAN	- A more complex step in the same task, this step does not need to be modelled to all, but can be taught to students as they get here, this step can	- Allows students to go beyond the essential without waiting, allows explicit teaching without				
n the time allotted	I COULD	connect to information that will be taught in the future, can be assigned as optional homework, once students get here, this step can also be used as small group/ explicit instruction/conferencing opportunities, or additional options for students to choose (WIN time, supporting others, assigned centers/stations)	students missing grade level instructional opportunities, allows flexibility for students to take breaks, receive explicit instruction and skill building opportunities, gives students agency and builds self regulation of learning skills,				
	I can TRY to	- Make this step challenging enough so that it cannot be completed in the time allowed, extended beyond the goal, an extension of the task that is completed over time	builds ownership and increases engagement, does not punish students for not doing or not being able to do homework				

Guiding Question: How can I use a model to help me understand that some matter is made up of particles that are too small to see?



tomorrow)

navigating



Start

Here

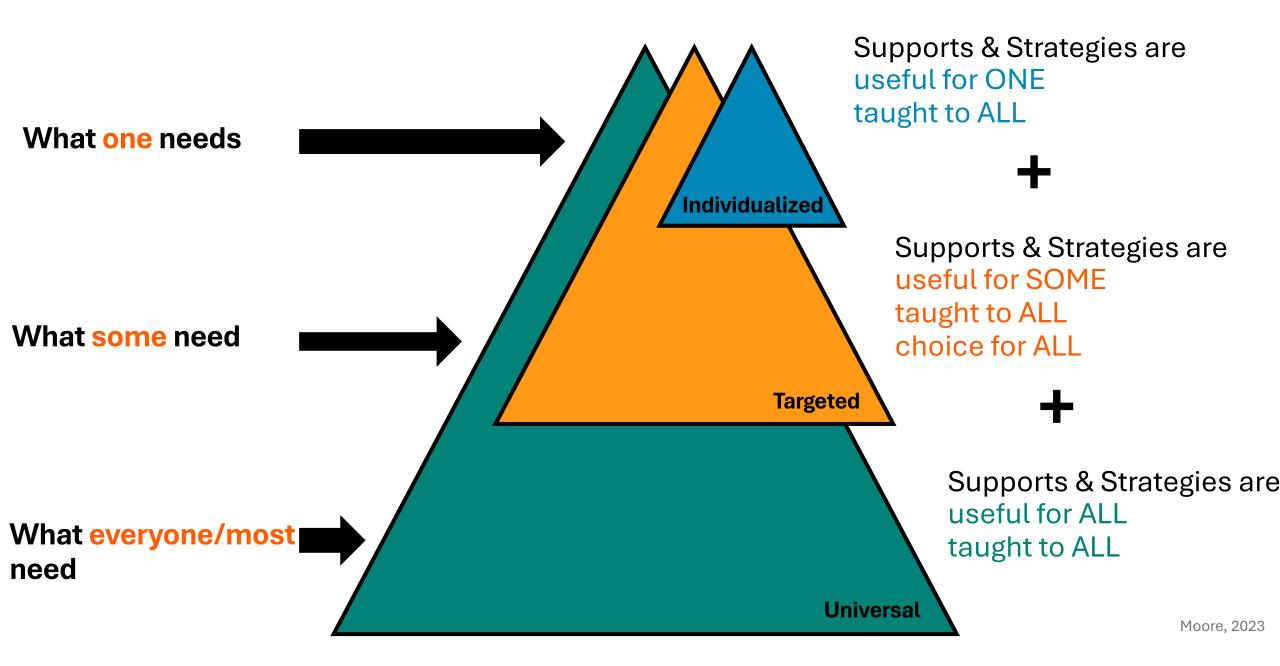
Choose your Challenge

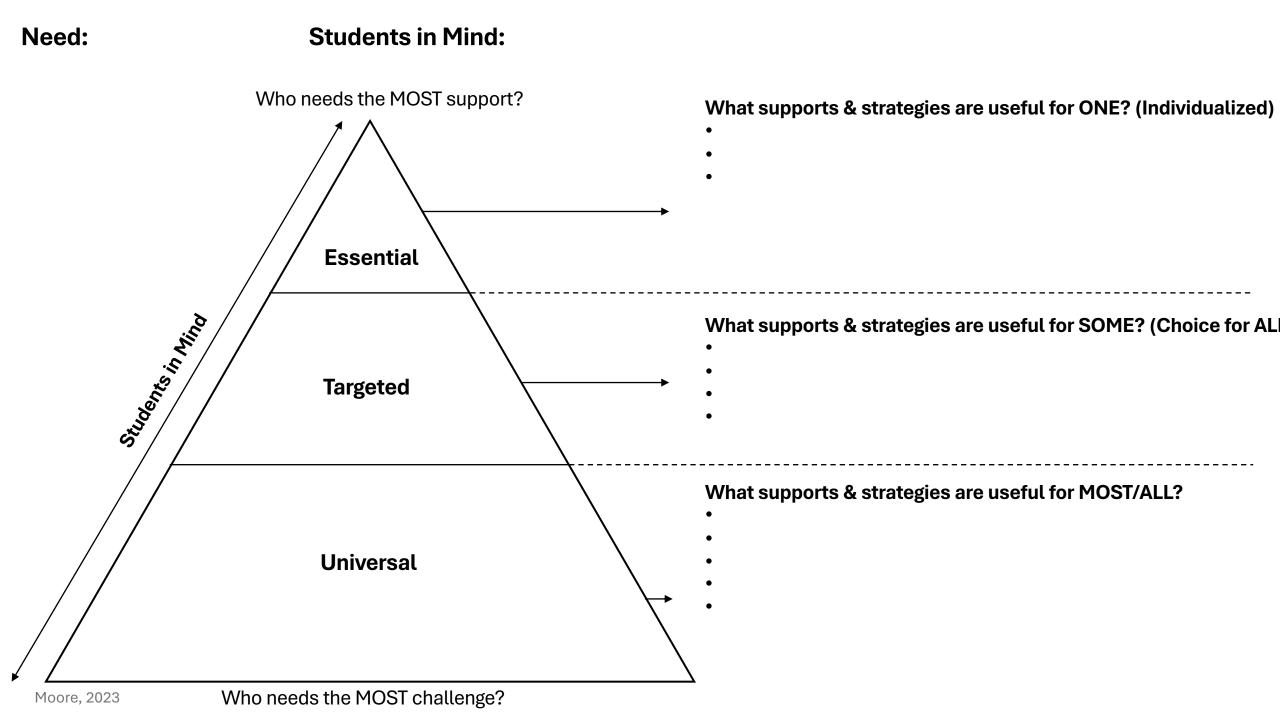
Inclusive Lesson Task Scaffolding Strategy							
Goal: We can	Goal: We can reflect on, identify, and respond to the diverse needs of our students						
Task: Classroo	Task: Classroom Needs Based Reflection Time: 15 min						
I NEED to	Think about and connect with at least this year	east one person who knows or has worked	with the students you will have				
I MUST	 Talk about and/or record what sup barriers (the stairs) 	ports or strategies could be implemented	in the class to reduce the				
I CAN	 Download the Needs Based Reflection from www.blogsomemoore.com and reflect on what needs your students have/may have (based on what you so so far in the year) 						
I COULD	Prioritize 2-3 needs based areas to target and think about who you can connect to who can help you brainstorm some supports or strategies that could be implemented in the class to reduce the barriers (the stairs)	 Make a plan with your school team to strategize how you will implement a school wide needs based refection and make a school needs based profile that prioritizes 2-3 needs for the whole school community 	 Have some W.I.N time (What I need) – make a phone call, check your email, look at the resources on the dashboard, ask a question, connect with someone 				
I can TRY to	Do some research to learn more about some needs based areas that I am unfamiliar with or don't have as much experience	 Determine what resources (people, time, funding) you can optimize and advocate for to support your needs based planning project 	that you haven't yet been able to today, stretch, rest, work on something you need to get done for				

				T
Language				
Literacy (decoding)	MA, KR, TP, AD		х	
Literacy (understanding)	GA, MA, KR, TP, AD		x	
Literacy (written output)	MA, LB, KR, TP, AD		x	
Literacy (oral language/speaking)	GA		x	
Medical				
Memory				
Mental Health				
Numeracy	ES, KR			
Personal Care	GA			x
Personal Safety				
Physical/Mobility				
Self-Advocacy	LB			x
Self-Regulation (emotional)	GA, JA, ES	x		
Self-Regulation (behavioural)	ES	x		
Self-Regulation (learning)				
Self Esteem	LB, JA, ES	x		
Self-Harm/ Self Injurious				
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Sensory				
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Transitioning	JA, ES	x		
Other:				
Other:				

Priority Community Needs	Specialists/Individuals to	Priority Individual	Specialists/Individuals to
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	Community Schools - Diana		
Literacy	Title – Kori, Mica, Melissa		
Engagement/ Motivation	Sarah, Shelley, Jasmine, Kim		

Multiple Layers of Needs Based Support





Context: Grade 2 Need: Anxiety Students in Mind: PS, LT, CT, EW, MJ, FT, IO Who needs the MOST support? What supports & strategies are useful for ONE? (Individualized) Family photo Home communication system Customized visuals/schedules/routine Draw from individual interest areas Deep pressure (under OT supervision) **Essential** What supports & strategies are useful for SOME? (Choice for ALL) Taking breaks, breathing techniques Sensory tools **Targeted** Bring a familiar object from home Parent & caregiver support Calm corner What supports & strategies are useful for ALL? Choice – multiple ways to meet a goal Leadership opportunities Universal Stories and conversation that address anxieties Visuals Clear goal Teach strategies & techniques SEL programs that incorporate games and activities teach about emotions, mindfulness

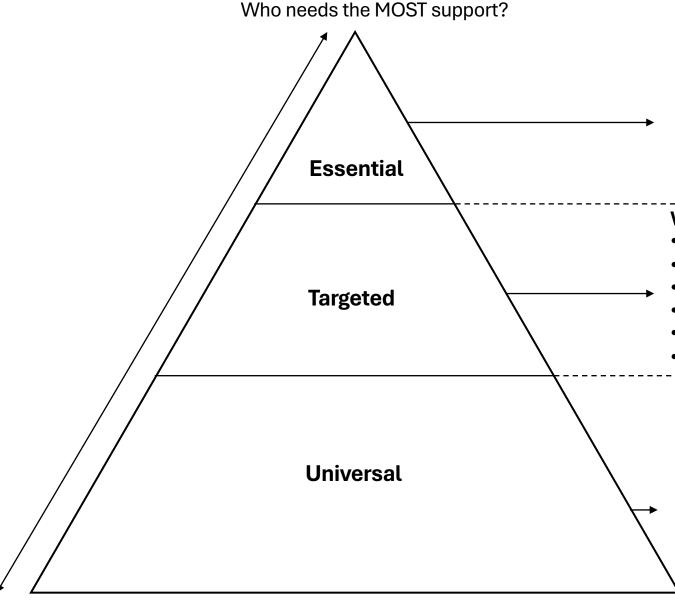
Who needs the MOST challenge?

Moore, 2023



Need: Multilingual Learners

Students in Mind: HP, LG, AF, LD, LD, SS, WR



What supports & strategies are useful for ONE? (Individualized)

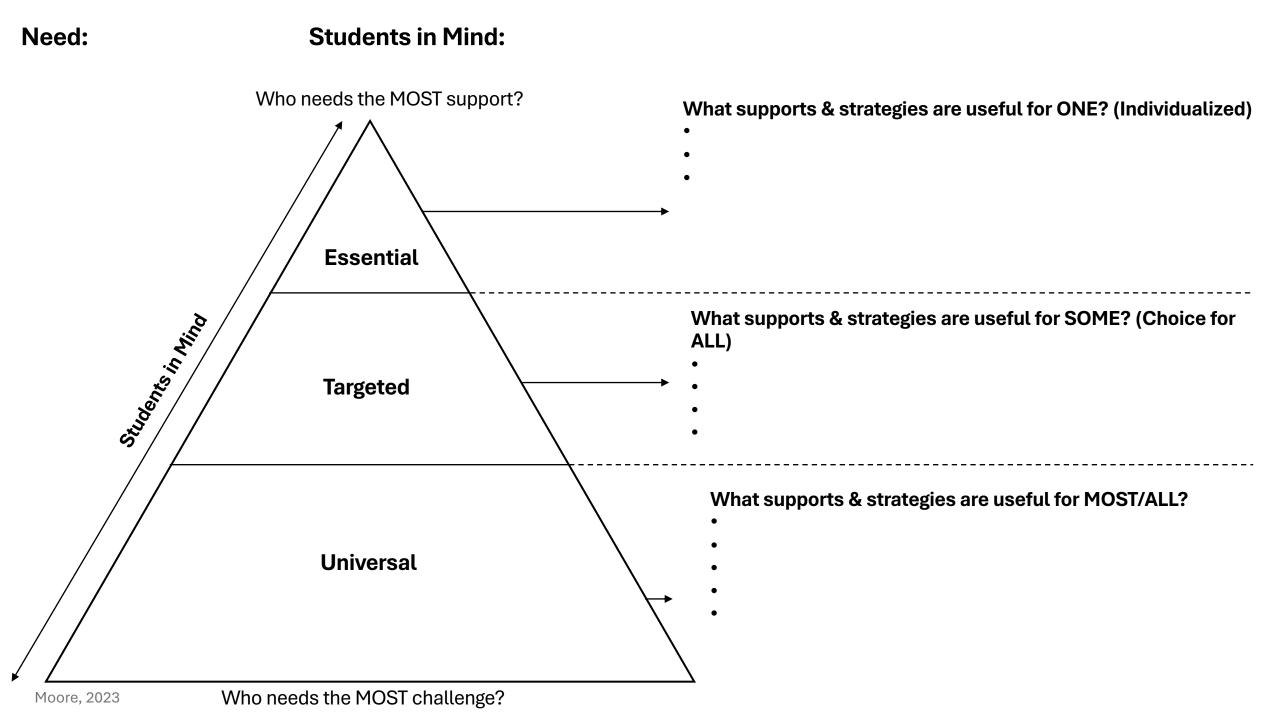
- Individual student co-developed language goals
- Individual conferencing/direct instruction during work time (not lesson time)

What supports & strategies are useful for SOME? (Choice for ALL)

- iPad for visual translation/communication support
- Sentence frames
- Visuals/ objects
- Strategic Pairings
- QSSSA strategy (question, signal, stem, share, assess)
- Allow previewing of information in home language

What supports & strategies are useful for ALL?

- Relationships with student, families and caregivers
- Multi-lingual word/picture wall
- Books with diverse characters
- Everyone learns words in a new language words
- Learn language across all curricular areas
- Speak clear, slow and allow for wait time
- Multiple ways to show learning (visual, oral, written)
- Celebrate language diversity in class/school



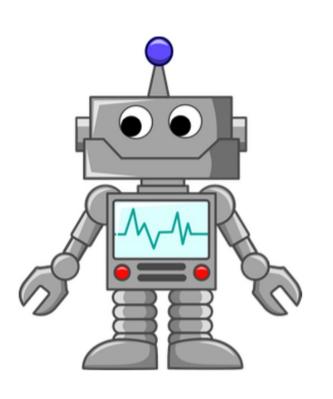
www.teachspeced.ca



Supports & Strategies



"AI" Assistant - Dale



Can you give me some tools and strategies to support (who) to manage (need) needs?

Can you give me some tools and strategies to support Grade 11 students, to manage anxiety needs?

Can you give me some tools and strategies to support Grade 5 students in Band and music class, to manage impulse needs?

And then ask yourself: Is this a tool or strategy:

- Universal: useful for everyone
- Targeted: a choice for everyone
- Individualized: an individualized strategy?



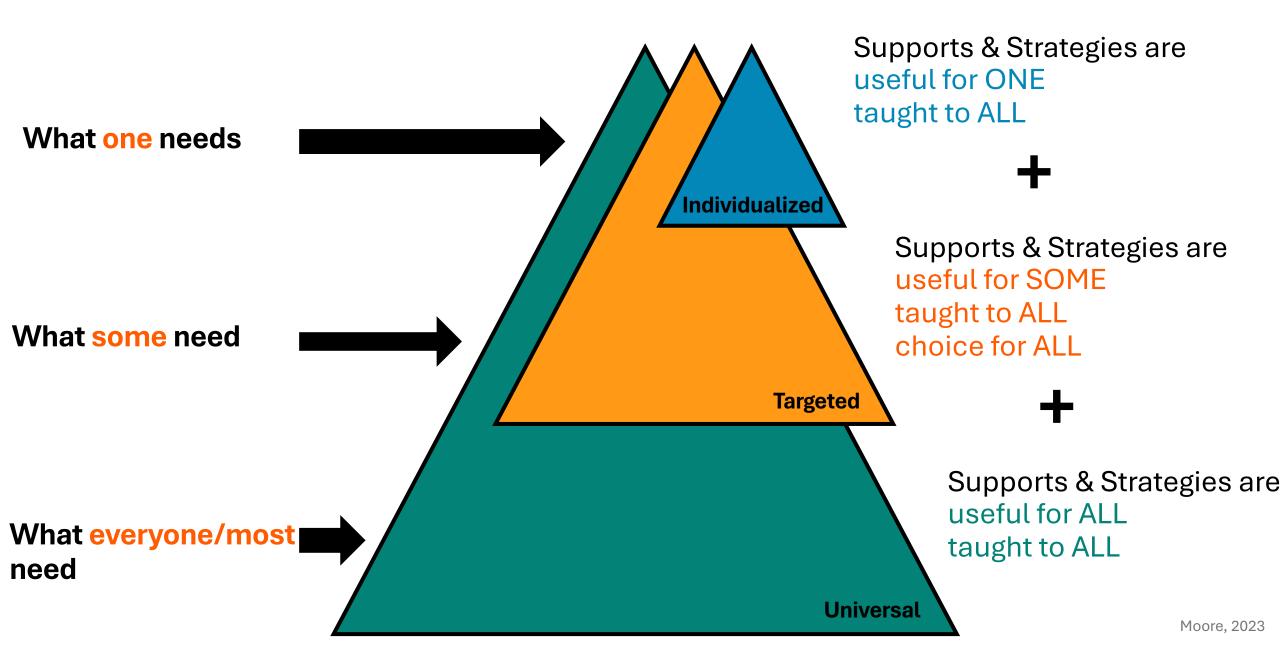
Start

Here

Choose your Challenge

Inclusive Lesson Task Scaffolding Strategy					
Goal: We can reflect on, identify, and respond to the diverse needs of our students					
Task: Classroom Needs Based Support Plan Time: 15 min					
I NEED to	Prioritize 1-2 needs based areas to target this year				
I MUST	 Connect to who can help you brainstorm some supports or strategies that could be implemented in the class to reduce the barriers (the stairs) 				
I CAN	 Download the Needs Based Classroom Support Plan from www.blogsomemoore.com Organize the supports and strategies into how they could be implemented (Universal/Targeted and/or individualized) 				
I COULD	Add to your Needs Based Classroom Support Plan by researching the targeted need (e.g., teachspeced.ca, Al etc.)	 Continue to plan with your school team to strategize how you will implement a school wide needs based refection and support plan based on priority needs based areas for the whole school community 	 Have some W.I.N time (What need) – make a phone call, check your email, look at the resources on the dashboard, ask a question, connect with someone that you haven't yet been able to today, stretch, rest, work on something you need to get done for tomorrow) 		
I can TRY to	 Choose another needs based area to target and develop another Classroom Needs Based Support Plan 	 Determine what resources (people, time, funding) you can optimize and advocate for to support your needs based planning project 			

Multiple Layers of Needs Based Support



Context: Grade 2 Need: Anxiety Students in Mind: PS, LT, CT, EW, MJ, FT, IO Who needs the MOST support? What supports & strategies are useful for ONE? (Individualized) Family photo Home communication system Customized visuals/schedules/routine Draw from individual interest areas Deep pressure (under OT supervision) **Essential** What supports & strategies are useful for SOME? (Choice for ALL) Taking breaks, breathing techniques Sensory tools **Targeted** Bring a familiar object from home Parent & caregiver support Calm corner What supports & strategies are useful for ALL? Choice – multiple ways to meet a goal Leadership opportunities Universal Stories and conversation that address anxieties Visuals Clear goal Teach strategies & techniques SEL programs that incorporate games and activities teach about emotions, mindfulness

Who needs the MOST challenge?

Moore, 2023

Strategy:



Strategy: taking a 2 min break

Instruct

- What is a 2 min break?
- Why is a 2 min break useful?
- How do I use a 2 min break as a tool or an action?
 - What does a 2 min break look like when I use it?
 - What does a 2 min break sound like when I use it?
 - What does a 2 min break feel like when I use it?

Practice (1 – 2 weeks)

Reflect

- Was taking a 2 min break useful for me?
- How will I know when I need a 2 min break?
- How will I know when I don't need a 2 min break?



Strategy: chunking text

Instruct

- What is chunking text?
- Why is chunking text useful?
- How do I chunk text as a tool or an action?
 - What does chunking text *look* like when I use it?
 - What does chunking text sound like when I use it?
 - What does chunking text feel like when I use it?

Practice (1 – 2 weeks)

Reflect

- Was taking chuinking useful for me?
- How will I know when I need to chunk text?
- How will I know when I don't need chunk text?



Teaching & Reflecting on Strategies:

Working in a small group/ on my own

Quiet space

Loud space

Visuals

Schedule/ agenda

Standing desks

Access points

Sensory tools

Snacks/ water

Hats

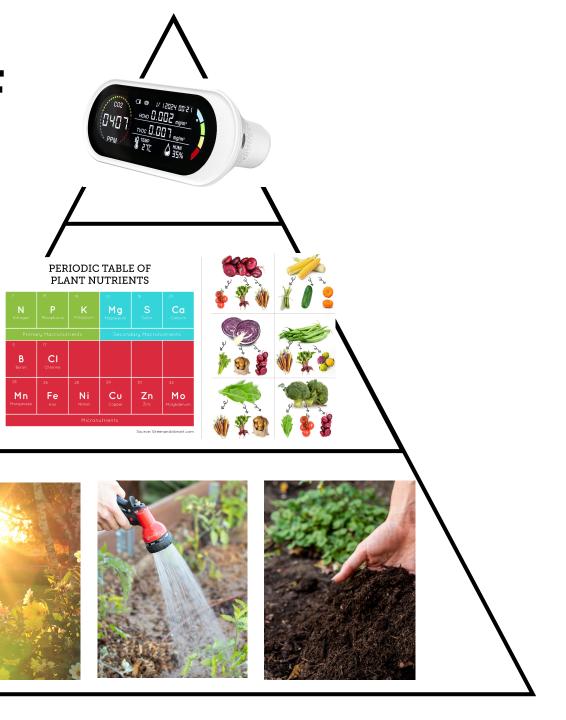
Vocabulary lists



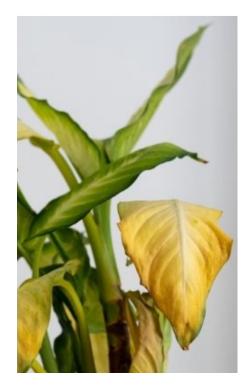
What strategies work for you?



MULTIPLE LAYERS OF SUPPORT



How do we know if a plant is not thriving?



Needs more light



Needs more moisture



Needs more space

The SEED PACKET





Goals: I want to grow in these areas: Name: Grade: Identities: I am... Needs: I need this support in these areas to grow: Supports: I need this in my garden to grow: Interests: I really like and/or what to learn more about: Strengths: I am really good at and/or could teach others: **Barriers: This is what makes it hard for me to grow:** Thank You For helping me GROW

Growth Year:

My I.E.Pea Seed Packet

Moore, 2023

Growth Year:

Name: Conor G.

Grade: 1

Identities: I am...

- Joyful, funny & dramatic!
- I am so loving!
- I use English, visual and ASL languages to communicate
- I am part of the DS community and have a strong inclusive school community
- My family enjoys some Caribbean traditions and food because that is where my mom grew up!

Interests: I really like and/or what to learn more about:

 Music, dancing, books, outdoor play, Disney princesses, water and water play, jumping, long hair, fruit, popcorn, ice cream

Strengths: I am really good at and/or could teach others:

- Visual, musical, following routines
- helping the teacher, receptive language, empathetic, motivated to please, reading
- I can help my classmates to understand that with the right supports in place, you are capable of anything. Even if others (or yourself) think that you can't

Goals: I want to grow in these areas:

- 1. Being aware of when I am/ am not safe
- 2. Communicating what I need and want
- 3. Social connections and interactions
- 4. Fine motor skills
- 5. Being independent

Needs: I need this support in these areas to grow:

- Communication
- Hearing

Social Skills

Vision

Physical

Supports: I need this in my garden to grow:

 Being respected and included in all aspects of community, "first/then" language, lots of praise, time for transition with verbal and visual cues, lots of repetition, appropriate supports and strategies, patience, getting a specific job, silly and exciting language

Barriers: This is what makes it hard for me to grow:

 Negative or forceful comments, expectations without supports or strategies in place, bring rushed, taking behaviour personally, unclear directions, too many instructions at once, when people assume that I am not capable

Thank You For helping me GROW

Student & Family/Community Voice

Moore, 2023

Person connected to	Identities	Interests	Strengths	Stretches	Needs
Who are you and how do you know?	What words would you use to describe? What groups is connected to in their community?	What is interested in? What do they like to do on their own? With their friends? Family? Community?	What is good at? What can they teach others?	What is hard for? What do you think wants to get better at?	What does need support with? What is important for people to know about?
Person 1:					
Person 2:					
Person 3:					
Person 4:					

	Identities	Interests	Strengths	Stretches	Needs
Who are you and how do you know Juni?	What words would you use to describe Juni? What groups is Juni connected to in their community?	What is Juni interested in? What do they like to do on their own? With their friends? Family? Community?	What is Juni good at? What can they teach others?	What is hard for Juni? What do you think Juni wants to get better at?	What does Juni need support with? What is important for people to know about Juni?
Person 1: Rita Grandmother	Kind, strong, smart	watching me sew, taking pictures, listening to music	Patience, she notices everything	Waking up! Trying new things	She needs time and patience. If she is upset or frustrated, she needs space
Person 2: Frank Dad	Athletic, joyful, Ukrainian, church	Watching the baking shows , fishing with me	A great listener, being present	Independence, changes in routine	I think she worries a lot; I need others to know that she needs reassurance sometimes
Person 3: Kiran Family Friend	funny	Football! She loves the BC lions, movies, going for walks	making you feel so important, spreads joy, makes everyone laugh	Friendships, spending more time with her peers	Sharing her thinking, communicating. She has come such a long way!
Person 4:Matty Cousin Moore, 2023	Fun, we play a lot together	Whale sharks, camping, swimming	Playing with me	Its hard for Juni to talk sometimes, but I know when she likes something, and she likes me	using her iPad to help her talk Module 2

Help us get to know Juni?

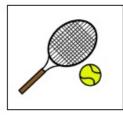
	Identities	Interests	Strengths	Stretches	Needs
Who are you and how do you know Juni?	What words would you use to describe Juni? What groups is Juni connected to in their community?	What is Juni interested in? What do they like to do on their own? With their friends? Family? Community?	What is Juni good at? What can they teach others?	What is hard for Juni? What do you think Juni wants to get better at?	What does Juni need support with? What is important for people to know about Juni?
Person 1: Mr. Lopez Classroom Teacher	Strong, smart, a learner	Getting read to, books, you tube, science	Connecting with her peers	Communicating, independence, asking to help when she needs it	She needs support with her reading (decoding) and her communication with the device
Person 2: Benny Educational Assistant	Funny, curious	Fashion, her friends, books, magazines, her iPad	She knows what she likes and doesn't like and lets us know	Making friends, communicating or using strategies before she gets too frustrated	She needs a chance to rest throughout the day and breaks
Person 3: Ms. Turner SLP	joyful	Sights and sounds around her, being social	Using her iPad to communicate	Building friendships, communicating what she needs	She needs her device available to her, she needs to be around her peers
Person 4: Jesse Classmate	Funny, sometimes she's loud	Playing games, hanging out with her friends	Being happy, making people laugh	I think talking is hard for her	she needs to be around us, her friends

Date: Dec 2022



Building my Student profile: What are my INTERESTS?

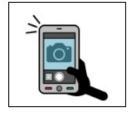




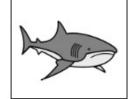




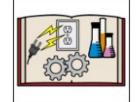


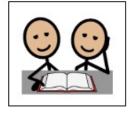


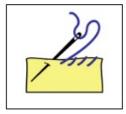










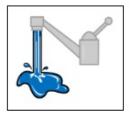


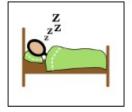








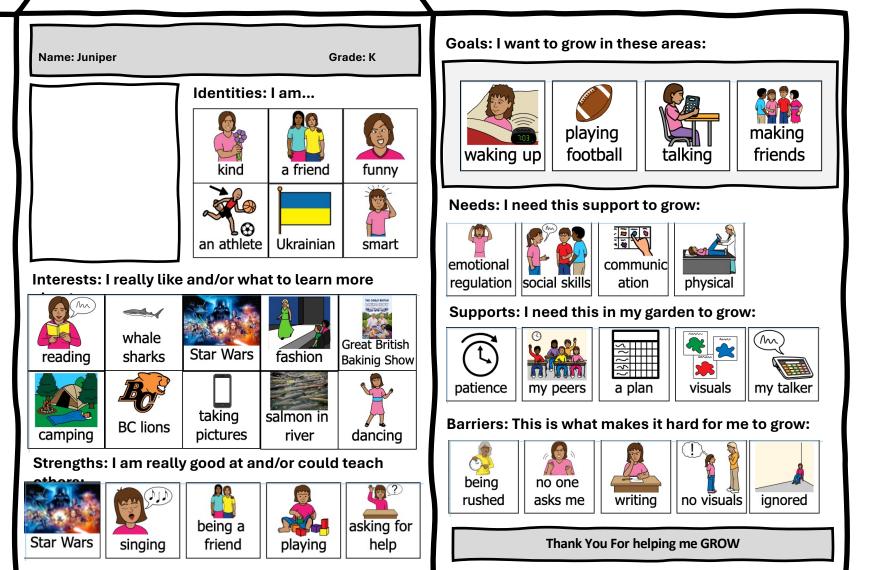








Growth Year: 2022



Student Voice

Moore, 2023

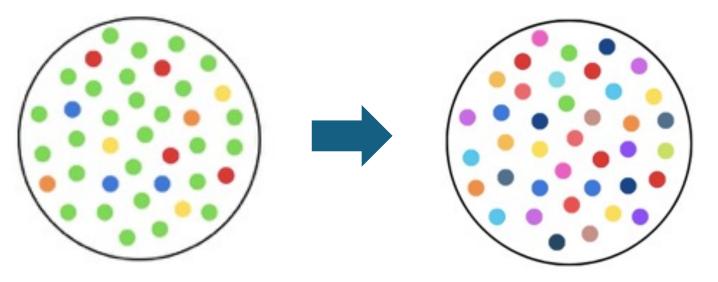
Goals: I want to grow in these areas: Name: Grade: Identities: I am... Needs: I need this support in these areas to grow: Supports: I need this in my garden to grow: Interests: I really like and/or what to learn more about: Strengths: I am really good at and/or could teach others: **Barriers: This is what makes it hard for me to grow:** Thank You For helping me GROW

Growth Year:

My I.E.Pea Seed Packet

Moore, 2023

WHAT IS inclusion?



How do we include people with disabilities?

How do we teach to diversity?

What is one useful idea?
What is one question you have?
What is one thing you learned?
What is one thing you want to want to share with someone who is not here?

Shelley-MOORE PH.D.





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