Shelley MOORE PH.D.

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WHAT DOES

inclusion

MEAN to you?

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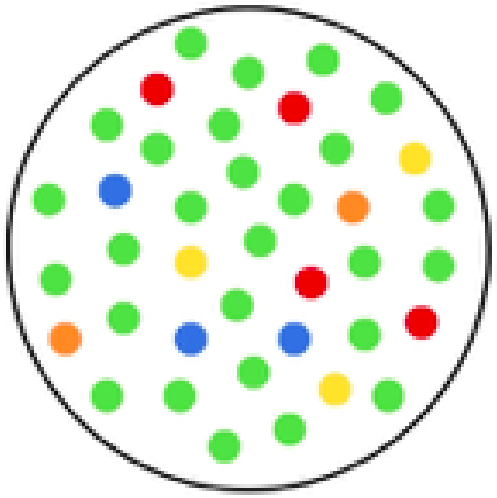
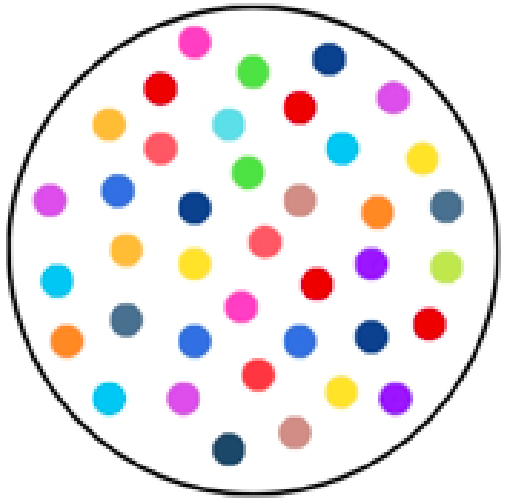
How do we do inclusion ?



How do we include people with disabilities?



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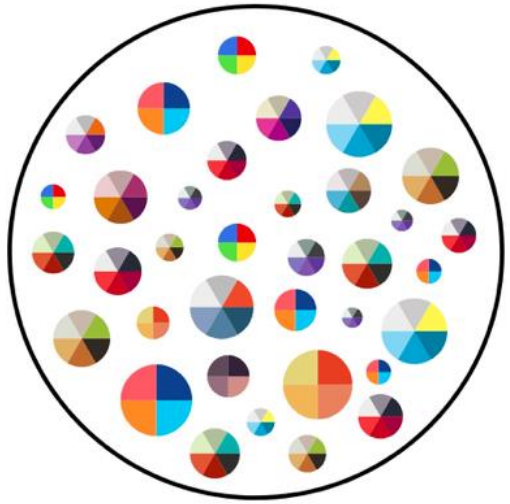

How do we teach to identity?

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What is a barrier?

What is a need?

What is a support?

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What is a barrier?

What is a need?

What is a support?

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The fewer the barriers in a place, the fewer individual supports a person needs.

The less barriers a person in a place, the more independence, safety, belonging and success a person feels

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Reducing Barriers

Supporting Needs

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“When a flower doesn’t bloom, you fix the environment in which it grows, not the flower.”

–Alexander den Heijer

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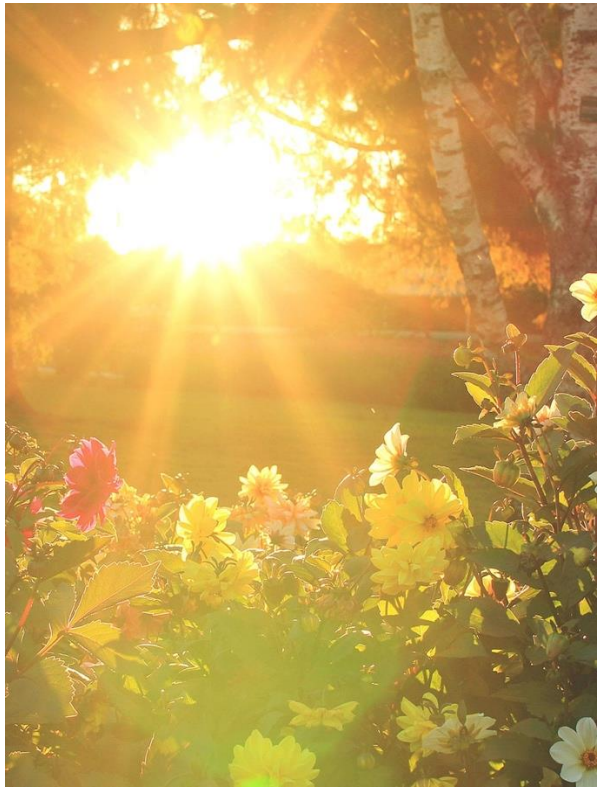
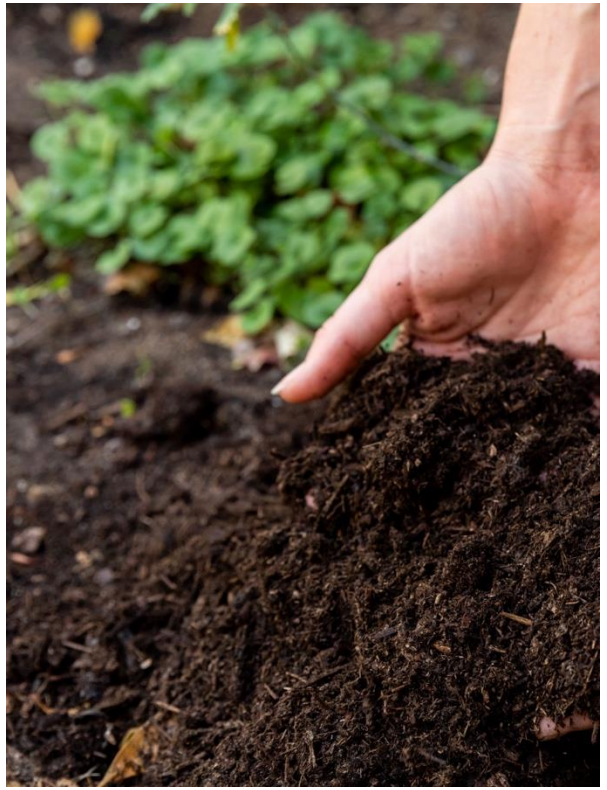
FIRST! Reduce or eliminate barriers in place by reducing or eliminating barriers for everyone in the community



All plants need light

All plants need moisture



All plants need space

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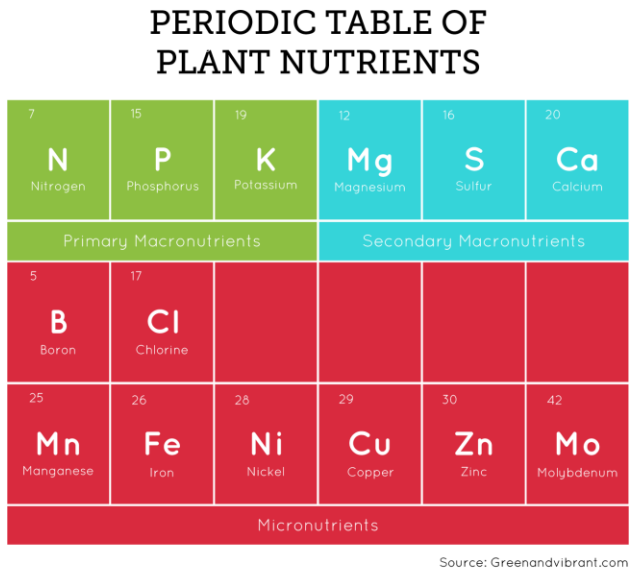
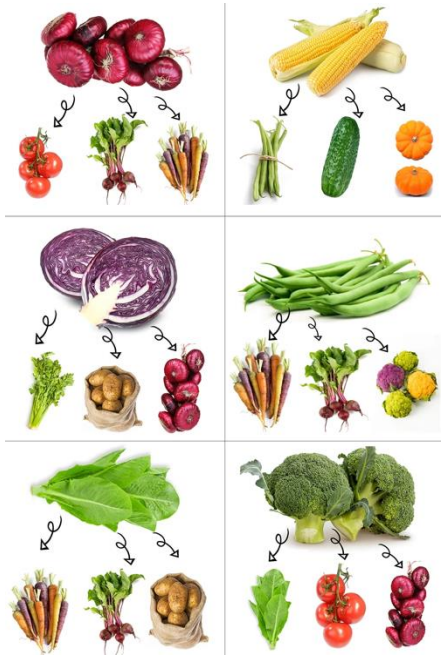
NEXT! Determine the needs of individuals and anticipate the supports & strategies that they will require in universal ways



Some plants need added nutrients

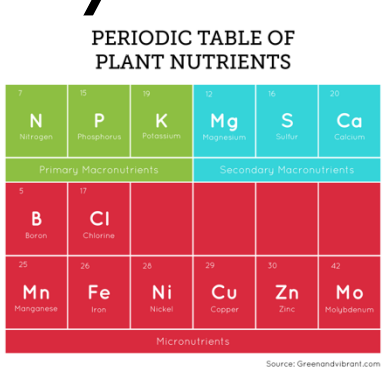


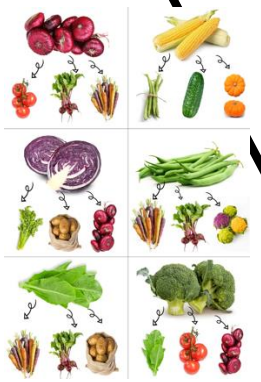
Some plants need companions

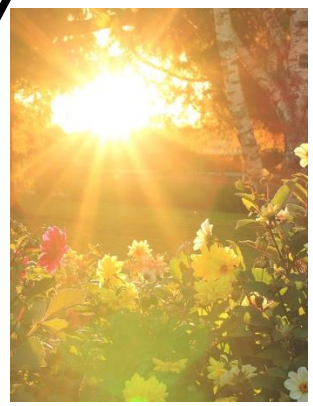
THEN! Determine the needs of individuals and anticipate the supports & strategies that they will require in individualized ways

A few plants may need very specific temperatures and humidity levels

MULTIPLE LAYERS OF SUPPORT







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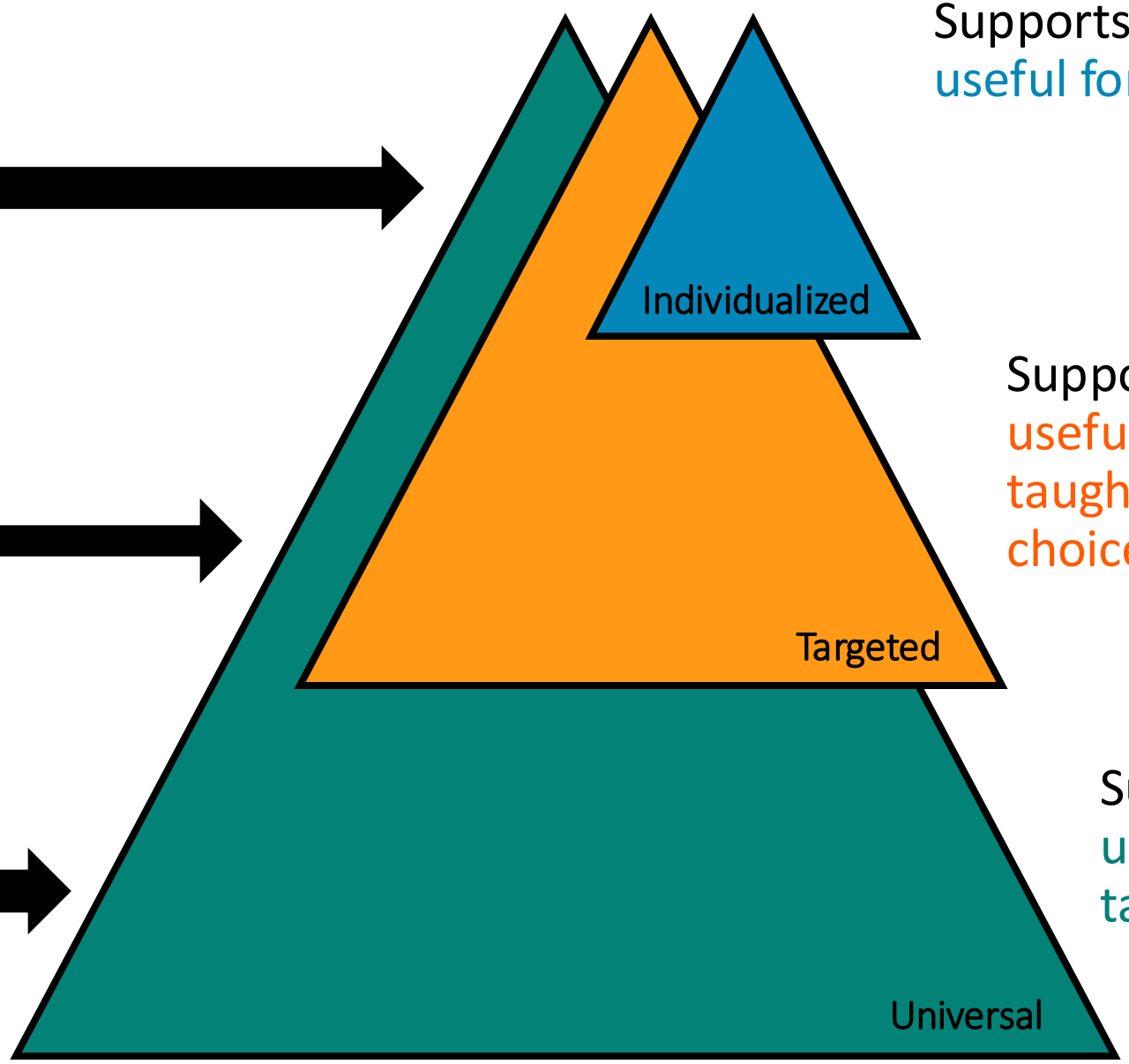
Multiple Layers of Needs Based Support

What one needs

What some need

What everyone/most need



Supports & Strategies are useful for ONE

+

Supports & Strategies are useful for SOME taught to ALL choice for ALL

+

Supports & Strategies are useful for ALL taught to ALL

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Need:

Students in Mind:

What supports & strategies are useful for ONE? (Individualized)

-
-
-

What supports & strategies are useful for SOME? (Choice for ALL)

-
-
-
-

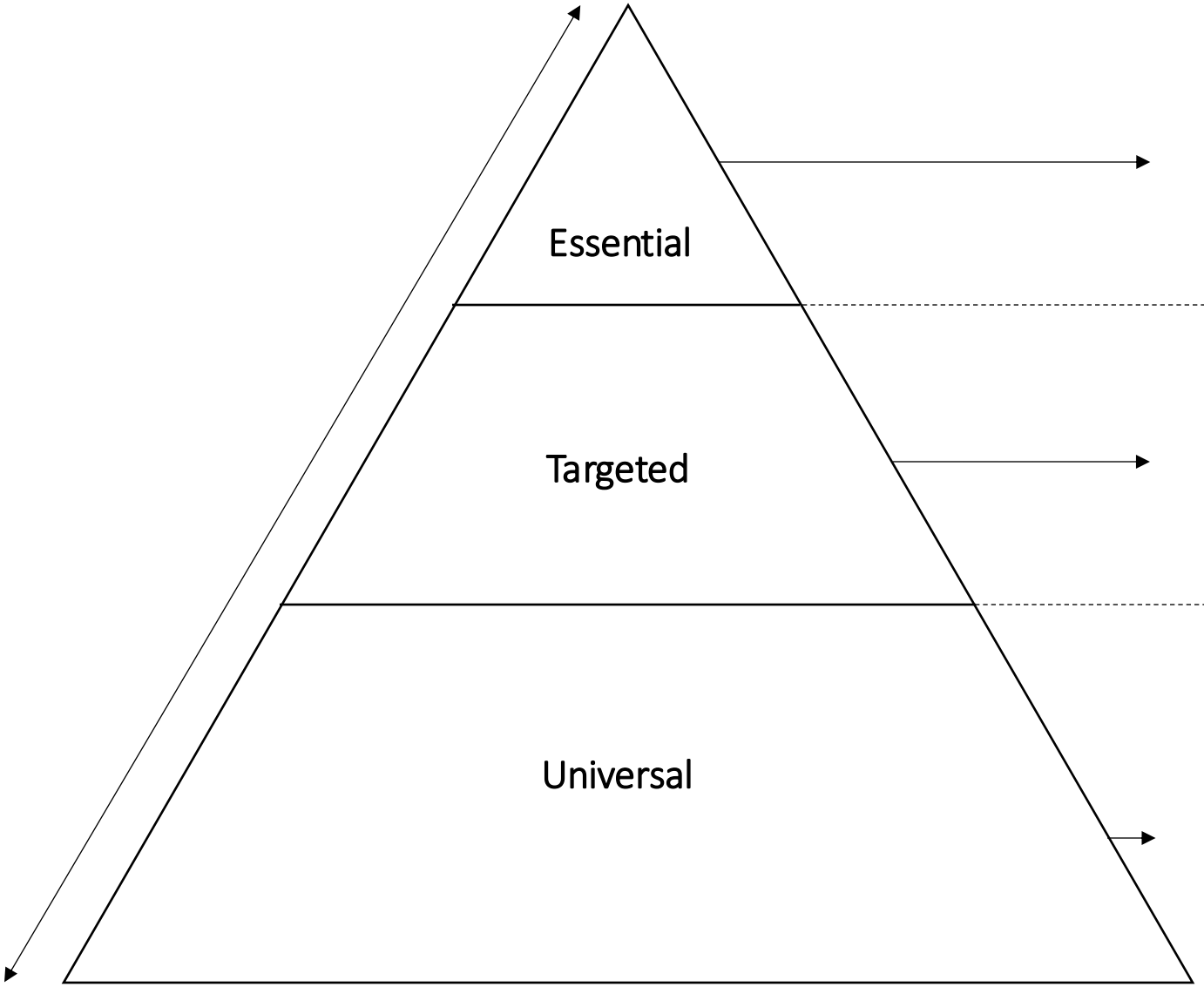
What supports & strategies are useful for MOST/ALL?

-
-
-
-
-

Context: Grade 2

Need: Social-Emotional - Anxiety

Students in Mind: PS, LT, CT, EW, MJ, FT, IO



What supports & strategies are useful for ONE? (Individualized)

- Family photo
- Home communication system
- Customized visuals/schedules/routine
- Draw from individual interest areas
- Deep pressure (under OT supervision)

What supports & strategies are useful for SOME? (Choice for ALL)

- Taking breaks, breathing techniques
- Sensory tools
- Bring a familiar object from home
- Parent & caregiver support

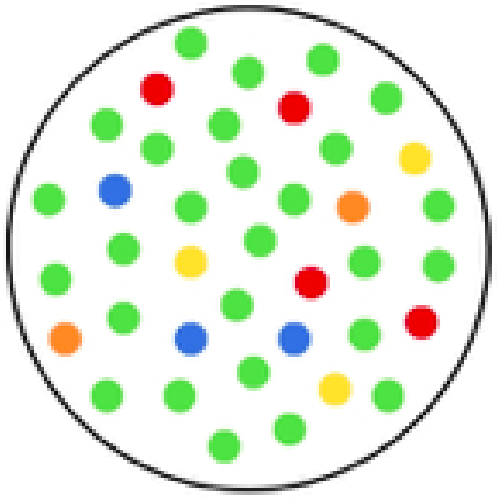
What supports & strategies are useful for ALL?

- Access to calm down spaces
- Interactive play/art therapy
- Leadership opportunities
- Stories and conversation that address anxieties
- Visuals
- Routine
- Music and relaxation techniques
- SEL programs that incorporate games and activities teach about emotions, mindfulness

Needs based support planning:

- is designing for one student, but supports many
- focuses on changing the environment, not the student
- aligns with UDL, self regulation, and self determination practices

How do we do inclusion ?



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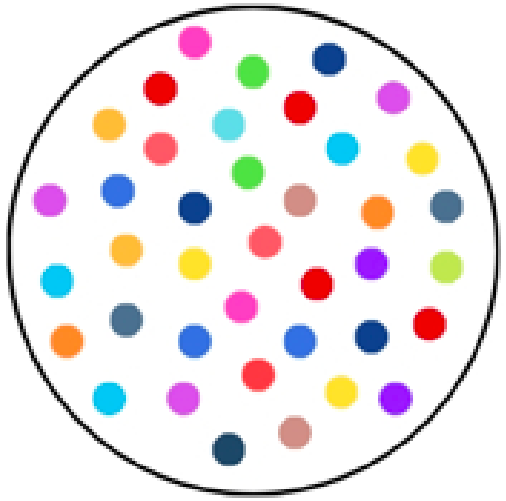

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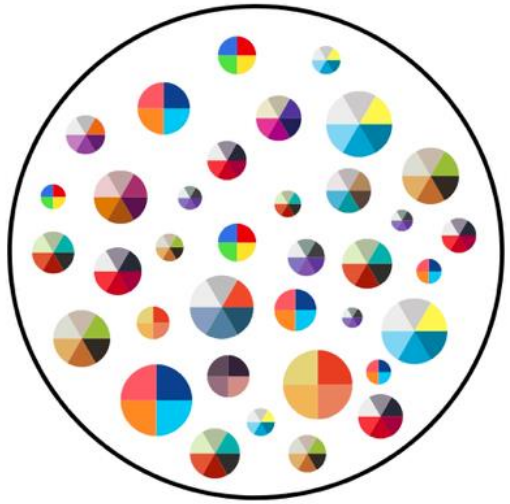

How do we teach to identity?

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What is one useful idea?

What is one thing you want to think about?

What is one thing you want to learn more about?

What is one thing you want to share with someone who is not here today?

WHAT DOES

inclusion

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